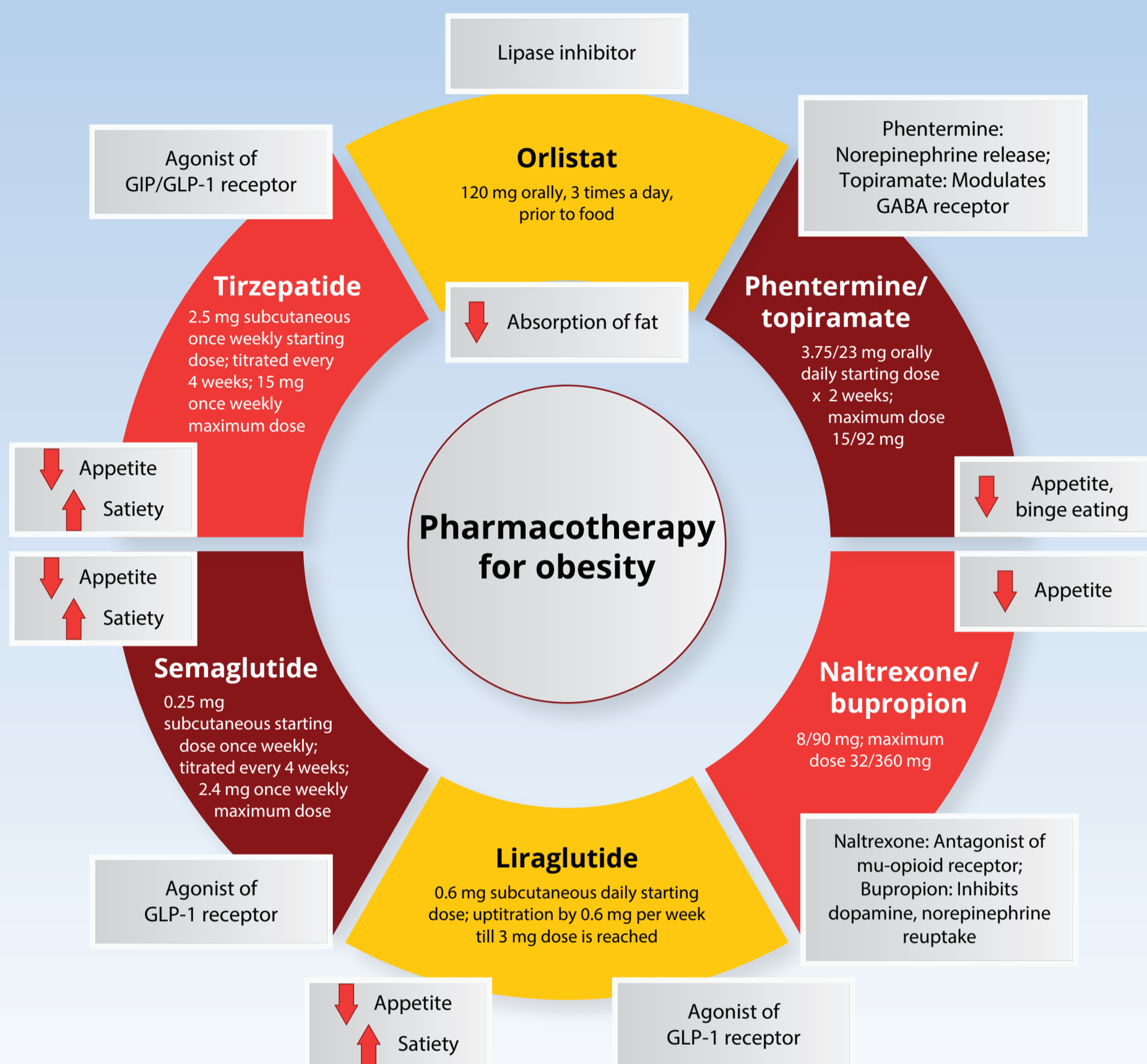




ObesiTalks

Understand. Assess. Act.

PHARMACOTHERAPY OPTIONS FOR OBESITY



GABA: Gamma-aminobutyric acid; GLP-1: Glucagon-like peptide 1; GIP: Glucose-dependent insulinotropic polypeptide.

Adverse effects of anti-obesity medications



Orlistat

- Pain in abdomen
- Fecal incontinence/urgency
- Steatorrhea
- Oily spotting

Phentermine/topiramate

- Headache
- Dizziness
- Insomnia
- Anxiety
- Depression
- Altered taste
- Paresthesia
- Dryness of mouth

Naltrexone/bupropion

- Nausea
- Vomiting
- Diarrhea
- Constipation
- Dizziness
- Anxiety
- Insomnia
- Headache
- Dryness of mouth

Liraglutide

- Nausea
- Vomiting
- Diarrhea
- Constipation
- Distended abdomen
- Bloating
- Dyspepsia
- Headache
- Dizziness
- Fatigue
- Hypoglycemia
- Increase in heart rate

Semaglutide

- Nausea
- Vomiting
- Diarrhea
- Constipation
- Distended abdomen
- Headache
- Dizziness
- GERD

Tirzepatide

- Nausea
- Vomiting
- Diarrhea
- Constipation
- Distended abdomen
- Headache
- Dizziness
- GERD

GERD: Gastroesophageal reflux disease